



Cervical Cancer Awareness Month
Alcohol Change UKs Dry January
Thyroid awareness month
4th World braille day
18th World religion day
19th Martin Luther King Jr day
24th International day of education
25th Robert Burns night (Burns night)
27th January Holocaust Memorial Day

#### **Religious and Cultural**

**1st** Solemnity of Mary, mother of God Catholic *Christian* 

Rohini vrat Jain

Gantan-sai (new year) Shinto

1st to 7th Hatsumode Shinto

3rd - 5th Mahayana new year Buddhist

**5th** Twelfth night *Christian* 

**6th** Epiphany *Christian* 

**7th** Feast of the nativity *Orthodox Christian* 

11th Baptism of the lord Jesus Catholic Christian

**12th** Swami Vivekananda jayanti *Hindu* 

Seijin no Hi Shinto

13th Lohri/Maghi Hindu and Sikh

14th Old new year Orthodox Christian

Makar sankranti *Hindu* 

14th - 17th Pongal *Hindu* 

**16th** Lailat al-Miraj *Islam* 

Meru trayodashi *Jain* 

**18th - 25th** Week of prayer for Christian unity *Christian* 

19th Timkat Ethiopian & Feast of the Theophany Orthodox Christian

23rd Vasant panchami Hindu, Sikh and Jain

25th Conversion of saint Paul Christian

Zacchaeus Sunday Orthodox Christian

28th Rohini vrat Jain

31st Guru Harrai jayanti Sikh

## January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

LGBTQ+ History Month

**UK National Heart Month** 

Raynaud's Awareness month

**1st** World hijab day

1st -7th World interfaith harmony week

**4th** World cancer day

**5th** Time to talk day

5th - 11th UK race equality week

6th International day of zero tolerance to FGM (female genital mutilation)

**9th - 15th** Children's mental health week

10th Safer internet day

11th International day of women and girls in Science

12th Red hand day for child soldiers

15th International childhood cancer day

17th World human spirit day

20th World day of social justice

21st International mother language day

#### **Religious and Cultural**

1st Triodion begins Orthodox Christian

Thaipusam Hindu

2nd Tu BiShvat Judaism

Imbolc/Candlemas Wicca and Pagan

3rd Lailat al Bara'ah Islam

Setsubun-sai Shinto

8th Sunday of the prodigal son Orthodox Christian

14th Saint Valentine's day Christian

Saturday of souls Orthodox Christian

15th Meatfare Sunday Orthodox Christian

Nirvana day Buddhist

15th - 16th Maha Shivratri Hindu

**16th** Shrove Monday *Christian* 

**17th** Shrove Tuesday *Christian* 

Lunar new year Confucian, Daoist and Buddhist

18th Ash Wednesday Christian

Losar begins **Buddhist** 

Ramadan begins *Islam* 

21st Saturday of souls Orthodox Christian

22nd Feast of the chair of saint Peter Catholic Christian

Cheesefare Sunday Orthodox Christian

**23rd** Great Lent begins *Orthodox Christian* 

Phalguna ashtahnika begins Jain

25th Rohini vrat Jain

25th Feb - 1st March Intercalary days Baha'i

28th Saturday of souls Orthodox Christian

# **February**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Prostrate awareness month

Ovarian Cancer awareness month

Marie Curies, great daffodil appeal month

Womens history month

1st International Zero Discrimination day

International Wheelchair day

**3rd** World hearing day

8th International Womens day

15th International day to combat islamophobia

Mother's day

16th - 22nd Neurodiversity celebration week

20th Spring equinox

21st World down syndrome day

International day of the Elimination of Racial Discrimination

24th World tuberculosis (TB) day

**25th** International Day of remembrance of the Victims of Slavery and the

transatlantic slave trade

30th World bipolar day

**31st** International transgender day of visibility

#### **Religious and Cultural**

1st St David's day Christian

Feast of Orthodoxy Orthodox Christian

**2nd** Nineteen-day fast begins *Baha'i* 

Holika dahan Hindu

Phalguna chaumasi chaudas Jain

3rd Chötrul düchen Buddhist

Hina matsuri Shinto

Magha puja *Buddhist* 

Purim Judaism

Holi *Hindu* 

4th - 6th Hola mohalla Sikh

11th Varshitapa arambha Jain

14th Nanakshahi (new year) Sikh

**16th** Laylat al-Qadr *Islam* 

**16th - 20th** Hamaspathmaidyem Gahambar *Zoroastrian* 

17th St Patrick's day Christian

19th Feast of saint Joseph Christian

Chaitra navratri begins Hindu

Ugadi (new year) Hindu

20th Eid al-Fitr Islam

Shunbun no Hi Shinto

Ostara Wicca and Pagan

Nowruz (new year) Persian and Zoroastrian

21st Naw-Rúz Bahá'í

24th Rohini vrat Jain

25th Chaitra navapada oli begins Jain

Annunciation of the lord Catholic Christian

Annunciation to the Theotokos Orthodox Christian

Annunciation of the virgin Mary Christian

26th Khordad sal Zoroastrian

Rama navami *Hindu* 

29th Palm Sunday Catholic Christian

**31st** Mahavir Swami jayanti *Jain* 

## March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Autism Acceptance Month
Stress awareness month
Bowel Cancer awareness month
Parkinson awareness month

1st Fools' day

2nd World autism awareness day

6th International asexuality day

**7th** World health day

8th International Romani day

22nd Earth day

Stephen Lawrence Day

25th World malaria day

26th Lesbian visibility day

**28th** International Workers Memorial Day/ World day for health and safety at work

#### **Religious and Cultural**

2nd Hanuman jayanti Hindu

Maundy Thursday Christian

**2nd-5th** Theravada new year *Buddhist* 

2nd- 9th Passover Judaism

3rd Good Friday Christian

4th Holy Saturday Christian

Lazarus Saturday Orthodox Christian

5th Easter Sunday Christian

Palm Sunday Orthodox Christian

6th Easter Monday Christian

7th Guru Tegh Bahadur jayanti Sikh

9th Guru Arjun Dev jayanti Sikh

Great and holy Thursday Orthodox Christian

10th Great and holy Friday Orthodox Christian

11th Great and holy Saturday Orthodox Christian

**12th** Pascha (Easter) *Orthodox Christian* 

Divine mercy Sunday Catholic Christian

13th - 15th Songkran (Thai new year) Buddhist

14th Yom HaShoah Judaism

Puthandu *Hindu* 

Vaisakhi Hindu and Sikh

18th Guru Angad Dev jayanti Sikh

**19th** Akshaya tritiya *Hindu and Jain* 

Varshitapa parana Jain

20th Rohini vrat Jain

21st First day of Ridvan Baha'i

Grounation day Rastafari

23rd Saint George's day Christian

25th Feast of saint Mark the evangelist Catholic Christian

**26th** Mahavir Swami kevalagyan *Jain* 

29th Ninth day of Ridvan Baha'i

**30th** Saint James the great's day *Orthodox Christian* 

Guru Amar Das j*ayanti Sikh* 

Avalokiteshvara day Buddhist

**30th Apr - 4th May** Maidyozarem gahambar *Zoroastrian* 

# April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Stroke awareness month

Coeliac awareness month

National walking month

**1st** May Day/ International Workers Day

3rd International family equality day

4th - 10th Deaf awareness week

8th World Red Cross and Red Crescent day

11th - 17th Mental health awareness week

13th National day for staff networks

15th International day of families

17th International day against homophobia, transphobia and biphobia

21st Global accessibility awareness day

World day for cultural diversity for dialogue and development

22nd International day for biological diversity

24th Pansexual visibility day

#### **Religious and Cultural**

1st Beltane Wicca and Pagan

**2nd** Twelfth day of Ridvan *Baha'i* 

**3rd** Feast of saints Philip and James *Catholic Christian* 

5th Lag BaOmer Judaism

6th Midfeast Orthodox Christian

**14th** Ascension of the lord *Catholic Christian* 

Feast of saint Matthias Catholic Christian

**18th** Rohini vrat *Jain* 

**21st** Feast of the ascension *Orthodox Christian* 

22nd - 23rd Shavuot Judaism

24th Declaration of the Báb Baha'i

Pentecost Catholic Christian

25th Hajj begins *Islam* 

26th Day of Arafah Islam

27th Eid al-Adha begins Islam

29th Ascension of Baha'u'llah Baha'i

**30th** Saturday of souls *Orthodox Christian* 

**31st** Vesak *Buddhist* 

Pentecost Catholic Christian

Trinity Sunday Catholic Christian

Visitation of the blessed virgin Mary Catholic Christian

Saga dawa düchen Buddhist

# May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Motor neurone disease awareness month

Stillbirth and neonatal death awareness month

Scleroderma awareness month

LGBTQ+ pride month

Gyspy, Roma and Traveller history month

4th International day of innocent children victims of aggression

9th - 15th Carer's Week

**20th** World Refugee week

22nd Windrush day

12th World day against child labour

14th Race unity day

15th World elder abuse awareness day

15th - 21th Refugee week

Men's health week

18th Autistic pride day

20th World refugee day

21st Summer solstice

Father's day

22nd UK Windrush day

22nd - 26th School diversity week

#### **Religious and Cultural**

4th Eid al-Ghadir \* Islam

The feast of Corpus Christi Catholic Christian

8th The apostles' fast begins Orthodox Christian

12th Feast of the sacred heart of Jesus Catholic Christian

**14th** Rohini vrat *Jain* 

Rice planting festival (Otaue matsuri) Shinto

**16th** Islamic new year *Islam* 

Martyrdom of Guru Arjan Dev Sikh

21st Litha Wicca and Pagan

**24th** Nativity of saint John the baptist *Christian* 

25th Day of Ashura Islam

29th Feast of saints Peter and Paul Christian

29th Jun - 3rd Jul - Maidyoshahem gahambar Zoroastrian

30th Guru Hargobind jayanti Sikh

## June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

UV safety awareness month
International women with alopecia month
Group B strep awareness month
Disability pride month
South Asian heritage month
14th International non-binary people's day
18th Nelson Mandela international day
18th Jul - 17th Aug South Asian heritage month
28th World hepatitis day

#### **Religious and Cultural**

3rd Feast of the saint Thomas the apostle *Christian* 

**10th** Martyrdom of the Báb *Baha'i* 

**11th** Rohini vrat *Jain* 

**15th** Saint Vladimir the great day *Orthodox Christian* 

20th Ashadha ashtahnika begins Jain

**22nd** Feast of saint Mary Magdalene *Christian* 

23rd Tish'a B'av Judaism

Birthday of emperor Haile Selassie *Rastafari* 

24th Pioneer day Mormon Christian

25th Saint James the great's day Christian

28th Ashadha chaumasi chaudas Jain

29th Asalha puja (Dharma day) Buddhist

The 15th of Av Judaism

Guru purnima Hindu, Buddhist and Jain

# July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

#### Religious and Cultural

**Awareness and Events** 

Spinal Muscular atrophy awareness month

**2nd - 9th** Eisteddfod, Celebration of Welsh language

9th International day of the world's Indigenous people

**12th** International Youth Day

19th World humanitarian day

**22nd** International day commemorating the victims of

acts of violence based on religion or belief

**23rd** International Day for the Remembrance of the Slave

Trade and its Abolition

**1st** Lammas *Christian* 

Lughnasadh Wicca and Pagan

Fast in honour of the holy mother of the lord Jesus begins *Orthodox Christian* 

4th Arba'een Islam

**6th** Feast of transfiguration *Catholic Christian* 

Transfiguration of the lord *Orthodox Christian* 

**7th** Guru Har Krishan jayanti *Sikh* 

8th Rohini vrat Jain

8th - 17th Muktad (Fravardeghan days) Zoroastrian

10th Feast of saint Lawrence Christian

13th - 15th Obon Buddhist and Shinto

**15th** Assumption of Mary *Catholic Christian* 

Dormition of the Theotokos Orthodox Christian

**16th** Onam begins *Hindu* 

**22nd** Feast of the queenship of Mary Catholic Christian

**24th** Feast of saint Bartholomew the apostle *Christian* 

**26th** Mawlid al-Nabi *Islam* 

**27th** Ullambana (hungry ghost festival) *Buddhist* 

28th Raksha bandhan Hindu

Dormition of the mother of God Orthodox Christian

29th Beheading of saint John the baptist Christian

# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

East and South East Asian heritage month
Sickle cell awareness month
Childhood cancer awareness month
Blood cancer awareness month
World Alzheimer's month
Urology awareness month
10th World suicide prevention day
15th World afro day's 'big hair assembly'
18th International equal pay day
21st World Alzheimer's day
23rd Autumn equinox
Bi visibility day
International day of sign languages
28th Sept - 4th Oct UK national inclusion week

#### **Religious and Cultural**

**1st** Ecclesiastical year begins *Orthodox Christian*First installation of the Guru Granth Sahib *Sikh* 

**4th** Krishna janmashtami *Hindu* 

Rohini vrat Jain

**8th** Feast of the birth of the virgin Mary *Christian*Nativity of the Theotokos *Orthodox Christian*Paryushana parvarambha *Jain* 

12th Guru Grinth Sahib jayanti Sikh

12th - 13th Rosh Hashanah Judaism

12th - 16th Paitishahem gahambar Zoroastrian

**14th** Feast of the cross *Christian*Ganesh chaturthi *Hindu* 

15th Samvatsari parva Jain

**21st** Feast of saint Matthew *Christian* 

Yom Kippur *Judaism* 

23rd Mabon Wicca and Pagan

Autumnal equinox day (Shūbun no Hi) Shinto

24th Pavarana Buddhist

25th Anant chaturdashi Hindu

**26th** Pitri paksha begins *Hindu* 

26th Sept - 2nd Oct - Sukkot \* Judaism

27th Meskel Ethiopian Orthodox Christian

29th Feast of saint Michael and all angels *Christian* 

## September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Breast cancer awareness month

Down syndrome awareness month

Black history month

Lupus awareness month

World menopause month

Global diversity awareness month

**1st** Anniversary of the introduction of the Equality Act International day of older persons

5th World teachers' day

**6th** World cerebral palsy day

**8th** World sight day

10th World mental health day

**11th** International day of the girl child

National coming out day

15th International day of rural women

16th Show Racism the Red Card's wear red day

17th International day for the eradication of poverty

**18th** Anti-slavery day

World menopause day

**21st** International pronouns day

26th Intersex awareness day

29th World stroke day

#### **Religious and Cultural**

**1st** Rohini vrat *Jain* 

**2nd** Feast of the guardian angels *Catholic Christian* 

Gandhi jayanti *Hindu* 

Mehregan Zoroastrian

3rd Shemini Atzeret Judaism

4th Feast of St Francis of Assisi Christian

Simchat Torah Judaism

11th Sharada navratri begins Hindu

**12th - 16th** Ayathrem gahambar *Zoroastrian* 

17th Ashwina navapada oli begins Jain

Durga puja begins *Hindu* 

**18th** Feast of saint Luke *Christian* 

20th Dussehra Hindu

Guru Granth Sahib coronation day Sikh

25th Kathina Buddhist

27th Guru Ram Das jayanti Sikh

28th Feast of saints Simon and Jude Christian

Rohini vrat *Jain* 

29th Karwa chauth Hindu

31st All Hallows' eve Christian

Reformation day *Protestant Christian* 

## October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Lung cancer awareness month

Pancreatic cancer awareness month

Mouth cancer action month

Chronic obstructive pulmonary disease awareness month

Movember men's health awareness month

Disability history month

8th Remembrance Sunday

Intersex day of solidarity

11th Armistice day

13th World kindness day

13th - 19th Transgender awareness week

14th World diabetes day

16th International day for tolerance

**19th** International men's day

19th Nov - 20th Dec Disability history month

20th World children's day

Transgender day of remembrance

**25th** International day for the elimination of violence against women

#### **Religious and Cultural**

**1st** Feast of all the saints *Christian* 

Samhain Wicca and Pagan

2nd All souls' day Christian

Anniversary of the coronation of emperor Haile Selassie I Rastafari

7th Tori no Ichi (first rooster day) Shinto

8th Bandi chhor divas Sikh

Diwali Hindu, Sikh and Jain

**9th** Feast of the dedication of the Archbasilica *Catholic Christian* 

10th Birth of the Báb Baha'i

Birth of Baha'u'llah Baha'i

13th Chhath puja begins Hindu

15th Nativity fast begins Orthodox Christian

Shichi-go-san Shinto 16 – Kartik ashtahnika begins *Jain* 

19th Tori no Ichi (second rooster day) Shinto

21st Presentation of the Theotokos Orthodox Christian

**22nd** Feast of Christ the king *Christian* 

23rd Kartika chaumasi chaudas Jain

Niinamesai Shinto

24th Guru Nanak Dev jayanti Sikh

Kartika rathayatra Jain

Martyrdom of Guru Tegh Bahadur Sikh

25th Rohini vrat Jain

26th Day of the covenant Baha'i

28th Ascension of Abdu'l-Bahá Baha'i

29th Advent Sunday Christian

30th Saint Andrew's day Christian

### November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Universal month for human rights

Decembeard

**1st** World AIDS day

**2nd** International day for the abolition of slavery

3rd International day of persons with disabilities

10th Human rights day

18th International migrants' day

20th International human solidarity day

21st Winter solstice

**26th** Boxing day

26th Dec - 1st Jan Kwanzaa

31st New year's eve/Hogmanay

#### **Religious and Cultural**

5th - 12th Hanukkah Judaism

6th Feast of saint Nicholas Christian

8th Feast of the immaculate conception Catholic Christian

Rohatsu (Bodhi day) Buddhist

12th Feast of our lady of Guadalupe Catholic Christian

13th Gaudete Sunday Christian

**16th** Dhanu sankranti *Hindu* 

Las posadas starts Catholic Christian

19th Feast of saint Nicholas Orthodox Christian

**20th** Gita jayanti *Hindu* 

21st Yule Wicca and Pagan

22nd Rohini vrat Jain

24th Christmas eve Christian

25th Christmas day Christian

Nativity of the lord Catholic Christian

Feast of the nativity of our lord Orthodox Christian

26th Feast of saint Stephen Christian

Zartosht no-diso Zoroastrian

Veer bal diwas (Martyrdom of Guru Gobind Singh Ji's sons) Sikh

27th Feast of the holy family Catholic Christian

29th Holy innocents' day Christian

**31st** Watch night *Christian* 

Maidyarem gahambar begins Zoroastrian

## December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# BAKERS FOOD AND ALLIED WORKERS UNION

